

FSRC Swimmer Code of Conduct

We acknowledge that this season will be very different from previous years at FSRC, but we have made plans for it to be fun and successful!

Our primary goal is to maintain all mandated social distancing standards, while still allowing as much safe participation and development as possible.

- Social distancing will be enforced **at all times** while on FSRC Property.
- Swimmers must arrive and leave wearing their practice suit. Locker rooms will be unavailable at this time.
- Swimmers will be allowed to use the bathrooms, but only one at a time. This will be strictly regulated so that we may wipe down all surfaces between each use. The locker room door and stall doors will be propped open to provide contactless entry. The policy of one person at a time in the bathroom will be strictly enforced.
- Plan on arriving no more than 10 minutes before practice and leaving immediately after practice.
- The pavilions, concessions, front desk, courts, playground etc. will all be closed.
- The gate in the red fence will be the only entrance and exit. If you arrive on bike to practice, please follow the traffic pattern on the map.
- You must bring your own water bottle. There will be no drinks provided or available to buy. You may not use any drinking fountain on the property or share drinks.
- Athletes/coaches who begin to cough/sneeze for any reason, need to move away from others until coughing/sneezing dissipates. We acknowledge that many people have seasonal allergies, or swallow water, or other conditions that result in sneezing and coughing. This will be our standard procedure as well as coughing into a tissue or elbow. You may be asked to monitor temperature if the condition appears to have changed.
- Parents will not be permitted to stay during practice, and may not congregate in the parking lot. Due to our social distancing, the deck will only be open for active swimmers, coaches and employees.
- Coaches and pool management reserve the right to remove anyone from the property who refuses to follow the code of conduct.
- In the circumstance of not following the Code of Conduct when it comes to adhering to the social distancing rules, there will be one warning given, and on the 2nd offense, you will receive a phone call from a worksite supervisor or coach and you will need to pick up your child immediately from practice. A meeting will be arranged for no sooner than the next day with the coach, worksite supervisor, swimmer and parent. If this occurs more than once, your child will not be invited to continue with the swim team this summer.

We have read and discussed FSRC Swimmer Code of Conduct with our child(ren) and will abide by the rules set forth by FSRC.

Parent/Guardian Signature: _____

Swimmer Signatures: _____

